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# Iyanla Live! Volume 2: Faith



## Synopsis

How do you stand up when you want to lie down? Some days the thought of getting out of bed is frightening. Often the challenges we face can be so daunting that we fail to take them on. When we do fail to respond, it is not for a lack of faith. In this live recording Iyanla Vanzant reminds us that no matter what the challenge, we need to have faith. We must remember that someone else has been in the same situation and has survived. We must trust that our past experiences have prepared us to meet this critical moment in time. We must be ready to handle what we ask for, and we must be willing to take the consequences should we fail. We can accomplish all of this only if we believe we can. Iyanla challenges us to make choices. There are no yesterdays or tomorrows. She tells us that the time to change is now. We can't wait for something to happen to us. We must step up to the challenge and envision our success. As she says, we are the living faith.

## Book Information

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## Customer Reviews

Vanzant delivers sensible advice in a no-nonsense, this-is-good-for-you style. The tapes were recorded at monthly workshops she presented at the Apollo Theatre and the Aaron Davis Hall in New York City. Those in the audience were primarily African American women, but her recommendations apply to anyone who needs a boost in self-esteem and encouragement. "Faith is preparation that you'll have skills for what you get when you get there," she says, adding that "faith" is an acronym for "Feel As If the Thing Has Happened." Having commitment may mean you have to "break with" in order to "break through." If you're not doing what is important in your life, then what

are you doing? "Now is the seed from which later will grow . Be in the moment, not focused on the past." Vanzant is not only a popular "spiritual counselor," she is also no dummy when it comes to self-promotion. For popular collections. DNann Blaine Hilyard, Lake Villa Dist. Lib., IL Copyright 2001 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Iyanla Vanzant is the award-winning and bestselling author of Acts of Faith, The Value in the Valley, Faith in the Valley, In the Meantime, One Day My Soul Just Opened Up and Yesterday, I Cried. As an empowerment specialist, Spiritual Life Counselor, and ordained minister, she lectures and facilitates workshops nationally with a mission to assist in the empowerment of women and men everywhere.

This tape is POWERful! After getting fired up I wanted to share this tape with everyone that I care about! In addition to this being something that I know I will listen to again and again, it uplifted and inspired me to act on faith. It reminds you of what you do know and I don't think my life will be the same again!

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